

Stars & Stripes Cheer, Stunt & Tumble 2017 Camp Spotlight

July 17-21, 2017 (7-14 yrs.) 8:30-12:00pm
Aug. 14-18, 2017 (3.5-6 yrs.) 8:30-12:00pm

(3.5-6 & 7-14 yrs.)

Day \$33 Week \$159

CHEER, Stunt & Tumble Camp is all about experiencing one of the fastest growing sports in the country: cheerleading! Whether your child is already on a team, wants to prepare for a school team, or simply wants to have some fun, CHEER, Stunt & Tumble Camp is the place to advance your knowledge of the sport. Cheerleaders in this high-energy camp will learn to perform jumps, motions, tumbling and stunts, as well as learn about showmanship and teamwork. On Friday, campers will do a final performance with music in front of their friends and family! Three cheers for CHEER, Stunt and Tumble Camp! Bring a bathing suit and towel for water activities on Friday.



Monday: On Monday, CHEER, Stunt & Tumble campers will be introduced to the sport of cheerleading! We will spend the day learning the basic motions and jumps that will be emphasized throughout the entire week. Campers will also tie-dye t-shirts that will be worn during their final performance on Friday!

Tuesday: Tuesday will begin with a review of the important techniques learned on Monday, and will end with learning a new dance. Campers will spend time practicing their jumps on the trampoline, as well as tumbling. Craft time will be spent making their very own pom-poms!

Wednesday: Today is the day that cheerleaders will start putting together their routine for their Friday performance! Cheerleaders will learn about formations, transitions and synchronization when performing a routine for an audience. We will also spend time making hair bows for our Friday performance!

Thursday: Thursdays at Jump, Stunt & Tumble Camp is our big preparation day! Cheerleaders will spend the morning reviewing and perfecting all of the material they have learned during the week in order to get ready for the Friday performance. We will go over each routine section in depth, and get our first chance to practice putting it all to music! As a fun break, we will be making our own megaphones!

Friday: The big day is finally here-Performance Day! Campers will experience what it's like to be a real cheerleader performing on stage! The day will start with our inflatable water park. Be sure to bring a bathing suit and a towel. We will end the week of camp with a high-energy performance in front of family and friends!



Stars & Stripes Kids Activity Center
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